

Pahlavani Wrestling Regulations

Rules and Regulations:

1. The Pahlavani competition will take place on mat.
2. Having at least 18 years of age
3. The wrestlers must wear the specific Pahlavani pants over their singlet. The mentioned pants will be given to the wrestlers by the Iranian wrestling federation.
4. The drawing of the Pahlavani competition will be according to the current regulations of the United World Wrestling with the only difference that the losers of the semifinal matches will compete in a match to obtain the 3rd and 4th place. Also the wrestlers who obtain the 3rd place in each group will compete for the 5th and 6th place.
5. The system point will be same as the freestyle regulations with sole difference that if a wrestler finds himself in a bridging position he will lose the match by fall.
6. All the technics used in freestyle and Greco-Roman wrestling will be allowed to be used in the Pahlavani competition and also the use of the waist and knee area of the pants will be allowed.
7. If a wrestler manages to bring his opponent to bridging position outside the mat, he will be awarded 2 points.
8. The attacking wrestler must not use technics, that first with using it he will be positioned in bridging and afterwards his opponent will be positioned in bridging.
9. The coaches are allowed to use the challenge option according to the regulations of the freestyle and Greco-Roman competitions to protest against a refereeing decision.
10. If a defending wrestler is found to be passive or to be fleeing hold , the referee will issue the following decisions in order:
 - ❖ The match will be stopped and attacker wrestler can hold belt front pocket and knee front handle of defender wrestler.
 - ❖ The match will be stopped and the defending wrestler will receive a caution and the attacking wrestler will be awarded one point.
- 10.1 If a wrestler receives 3 cautions, he will be disqualified and therefor will be announced the loser of the match.
11. The match will end if one of the following conditions occur:
 - ❖ When the match's legal time finishes
 - ❖ If a fall happens
 - ❖ Technical superiority of 10 points

- ❖ If a wrestler is injured and the doctor decides he can't continue the match
- ❖ If a wrestler receives 3 cautions or any action that will result in a disqualification

12. The following actions will result in a disqualification from the entire competition:

- ❖ Not implementing the decision made by the referees
- ❖ Not being present on the mat when his name has been announced
- ❖ Refusing to continue the match for any reason

13. If the referees agree that a wrestler performs an unfair behavior, with the agreement of the competition manager, the wrestler will be disqualified from the entire competition.

14. If a wrestler's pants get torn, the wrestlers can change his pants within 3 minutes.



