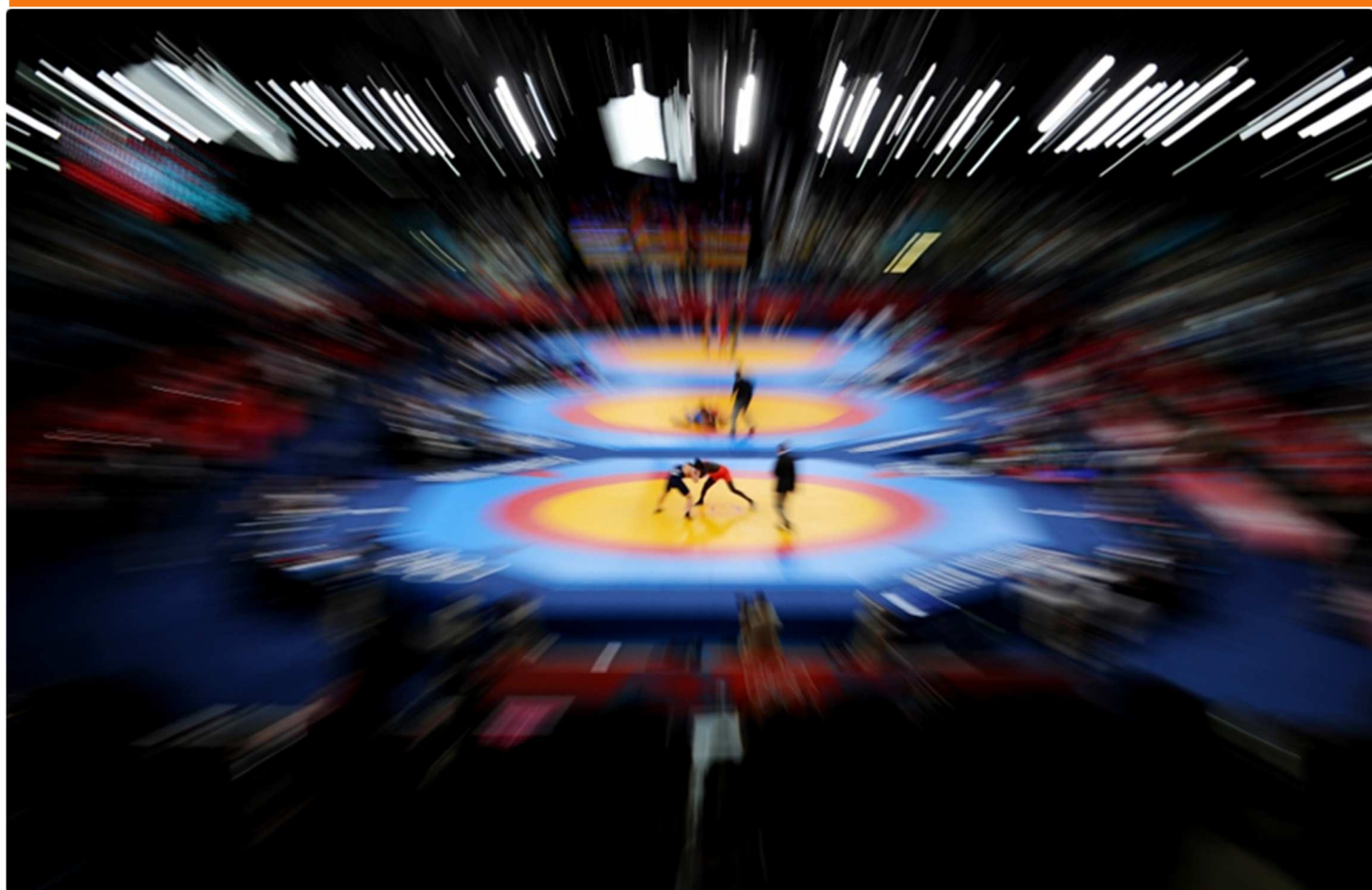


Wrestling Information Guide

(September/2015)



Dear friends in sport,



As Executive Director of the Rio 2016 Organising Committee for the Olympic and Paralympic Games, it is my pleasure to invite you to join us on our test event journey.

Test events are a vital part of an organising committee's preparations, allowing us to ensure our readiness and fine-tune the venues that will host the competitions in 2016. We also recognise that these events are very important in their own right, and our aim is to deliver technically excellent competitions.

An important commitment made by Rio 2016 is to help grow the Olympic Movement in South America, and these events will provide a fantastic stage to engage the local population in Olympic sport. It will be a great opportunity to familiarise many more people with wrestling and to motivate some to take it up themselves.

The transformative power of sport is a central theme of the Rio 2016 project, with a particular emphasis on inspiring young people. With this in mind, we expect that the test event programme will provide unforgettable experiences for thousands, and will be a crucial stepping-stone for some on their path to Olympic glory.

On behalf of Rio 2016, I would like to thank all the federations for the spirit of partnership they have displayed, for the confidence they have placed in us, and their help in promoting these events.

Agberto Guimarães

Executive Director of Sport and Paralympic Integration

Rio 2016 Organising Committee for the Olympic and Paralympic Games

Rio de Janeiro, 1st September 2015

Dear President, Dear General Secretary,

In cooperation with United World Wrestling (UWW), Rio 2016 would like to take this opportunity to invite you to participate in the Aquece Rio Women Wrestling. The event will be held January 30-31 2016 at the Carioca Arena 1 in Barra, Rio de Janeiro. This event is part of the Rio 2016 Test Events Program and is a great opportunity for Nations to experience the Field of Play.

Please review the enclosed information outlining some details of the event. If you have any question please contact me, Gilles Tonoli, Wrestling Sport Manager, at wrestling@rio2016.com

Kind regards,

Gilles Tonoli

Gilles Tonoli

Lider de Competição Luta Olímpica
Wrestling Sport Manager
Departamento de Esportes
Sports Department



1 | COMPETITION INFORMATION

1.1 EVENT INFORMATION

| | |
|-------------------------|---|
| Name of the Event | Aquece Rio Women Wrestling |
| Sport Events | All 6 (Women´s Freestyle Wrestling) weight categories (48, 53, 58, 63, 69, 75 kg) |
| Venue | Carioca Arena 1 |
| Location | Barra |
| Competition Dates | 30 - 31 January 2016 |
| Official Training Dates | 28 - 29 January 2016 |
| Medical control | |
| Weigh In | 29 - 30 January 2016 |
| Draw dates | |
| Competition Entry Fees | NO |
| Ticketed Event | NO |

1.2 THE COMPETITION

- The competition will be held according to the UWW Rules of Wrestling and all other Regulations of UWW;
- The competitions will be conducted in the following weight categories: 48, 53, 58, 63, 69 and 75 kg. 2 Kg weight tolerance is allowed;
- 3 (three) UWW approved mats will be used for the competitions.

1.3 PROVISIONAL SCHEDULE

| Date | Activity |
|-------------------------|--|
| Wednesday 27/01/2016 | Arrival of the delegations |
| Thursday 28/01/2016 | 1st wrestler training day |
| Friday 29/01/2016 | 2nd wrestler training day Medical Control, Weigh In & Draw LF/WFS: 48, 58, 69 KG |
| Saturday 30/1/2016 | Session I & II LF/WFS: 48, 58, 69 KG Medical Control, Weigh In & Draw LF/WFS: 53, 63, 75 KG |
| Sunday 31/01/2016 | Session III & IV LF/WFS: 53, 63, 75 KG |
| Monday 01/02/2016 | Departure of the delegation |

1.4 PARTICIPATION CONFIRMATION AND ACCREDITATION

Participation at the Aquece Rio Women Wrestling is open to all invited National Wrestling Federations affiliated with UWW, provided that they have fulfilled their financial and information obligations toward UWW according to the UWW Statutes and Regulations and towards the Organizing Committee as per these Regulations for the duration of the tournament.

- Each National Federation can enter a maximum of one (1) wrestler per weight category.
- Each wrestler must have a valid UWW license purchased beforehand from UWW.
- The structure of the official delegation per style laid down by UWW is as follows:

| Wrestlers | 1-3 | 4-5 | 6 |
|-----------|-----|-----|---|
| Coaches | 1 | 2 | 3 |
| Doctors | 0 | 1 | 1 |
| Total | 1 | 3 | 4 |

- The participating referees for the Test Event will be selected by UWW.
- Each wrestler has to pass a medical examination in his own country at least three days before leaving his country for the Tournament in Rio de Janeiro, Brazil. The results of this examination should be recorded in the wrestler's license book.
- Each wrestler must undergo a medical examination one (1) hour before weigh-in.
- The Organizing Committee assures the first aid during the competition. The annual license issued by UWW covers the hospital costs for the participating wrestler in case of accident. If an insured person wishes to undergo a medical

examination or treatment which is not the consequence of an accident during the Championships, the cost of such examination or treatment must be borne by the person concerned or by her National Federation. The reimbursement of these expenses can under no circumstances be claimed from the insurance company.

PARTICIPATION CONFIRMATION

- November 30, 2015: Deadline for preliminary entry list.
- December 18, 2015: Deadline to submit Federation Roster List and provide Rio 2016 detailed travel information. In upcoming months, we will have the online registration system in order to complete the necessary information for each participating delegate.
- January 22, 2016 (12:00 pm): Final entry list for Aquece Rio Women Wrestling 48, 53, 58, 63, 68 and 75 Kg.

DO NOT SUBMIT ROSTER LIST VIA FAX. YOU MUST SEND THE ENTRY LISTS VIA EMAIL OR GO TO THE REQUIRED WEBSITE TO PROVIDE THIS INFORMATION.

2 | Logistical Aspects

2.1 ACCOMMODATION & TRANSPORT

Accommodation and transport costs are the National Federation's financial responsibility. The teams will organize and pay for transport (Airport-Hotel-Airport and Hotel-Venue-Hotel), accommodation and meals (lunch and/or dinner at the hotels), if required, directly with the agency. The agency will send to the teams the Hotel Reservation Form and the Transport Form.

To assist the participating national federations with accommodation/meals at the hotels and transport, Rio 2016 has appointed Alatur as the official Rio 2016 Test Events Agency. Please see below the agency contact details:

ALATUR

+55 11 3217 9041 or +55 11 3217 4329.

From 09:00 to 18:00 (GMR - 3)

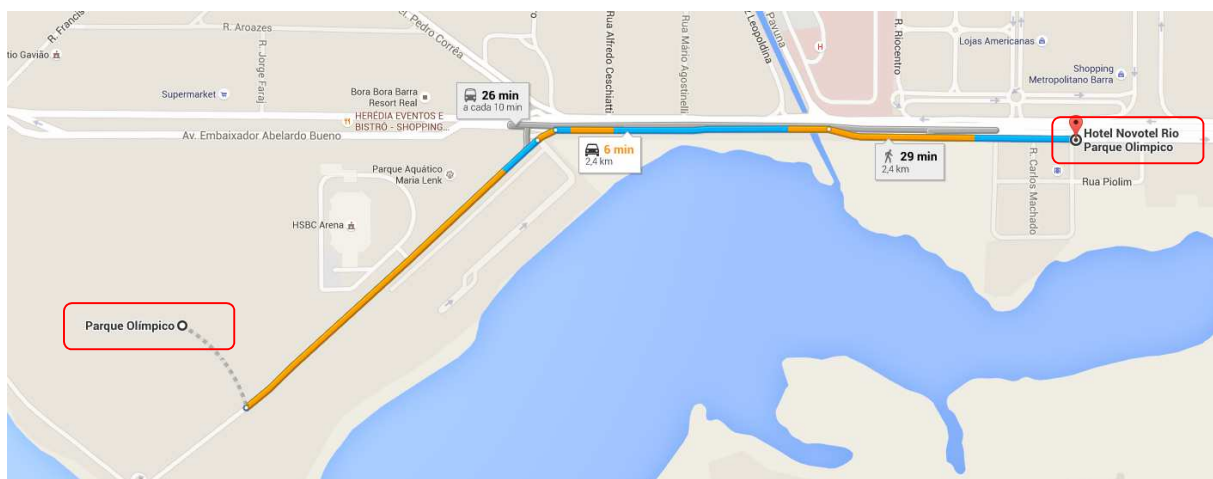
Website: <http://www.alaturjtb.com/en/>

E-mail: test-events@alatur.com (Caroline Bertechini)

ACCOMMODATION

We are pleased to propose two official hotels options close to the venue.

The map below shows the distance between the hotels and the venue:



A) Novotel Parque Olimpico

Novotel Parque Olímpico is next to the Ibis, and also able to offer full board.



(<http://www.novotel.com/pt/hotel-8177-novotel-rio-de-janeiro-parque-olimpico/index.shtml>)

The table below shows the prices of accommodation:

| Hotels (Prices in Reais) | Single Room | Twin Room | Price per Meals (lunch and dinner) |
|-----------------------------|-------------|------------|------------------------------------|
| IBIS PARQUE OLIMPICO | R\$ 275,00 | R\$ 299,00 | R\$ 55,00 |

PAYMENT POLICY FOR ACCOMMODATION

The 25% deposit of the total amount for hotel accommodation should be paid by **6 weeks before**. The balance payment is due by **4 weeks before**. Accommodation cannot be guaranteed, nor at the above quoted rates beyond this deadline. A balance invoice will be issued after payment.

TRANSPORT

The official Rio 2016 Test Events Agency Alatur will propose transport from/to Rio de Janeiro Airport and a Shuttle service between the Official Hotel and the Competition Venue.

Airport Transfer includes a Meet and Greet service with English-speaking coordinators at the International Airport Arrivals to personally welcome Rio 2016 clients with a specific name board and escort them to the transfer to the hotel.

Hotel-Venue-Hotel Shuttle includes English-speaking coordinators at the official hotel and venue to assist with boarding, advise on timings and manage the drivers. **The table below shows the prices of transfer and shuttle:**

| SERVICE | ROUTE | VEHICLE | TOTAL COST (BRL) PER PERSON |
|----------|--|---|---|
| TRANSFER | AIRPORT/OFFICIAL HOTEL/AIRPORT | TBD – Saloon car / Van / Mini-Bus / Bus | R\$ 99 per airport transfer per person, Shuttle is R\$40 per person per day |
| SHUTTLE | OFFICIAL HOTELS / VENUE / OFFICIAL HOTEL | | |

2.2 CATERING

Teams are responsible for their own catering. Arrangements will be made at the venue for the teams to purchase lunch on competition days. Refreshment (water, cereal bars, fruits) will be offered by Rio 2016.

2.3 VISA PROCESS

Rio 2016 has developed a programme for Brazilian Visa applications that will cover nations participating in all Test Events.

For all the participants that are nationals from countries who need a visa to enter Brazil (please check the page 27 of the guide attached), Rio 2016 will provide introduction letters that must be submitted with the visa application at the chosen Brazilian Consulate/Embassy abroad. To request an Invitation Letter, please send an email to wrestling@rio2016.com with a list of the applicants, including their full names (as in their passports), passport numbers, dates of birth, country and city where the visa application will be made.

Prior to making arrangements for travel, we recommend you check the Rio 2016 Visa and Work Permit Guide attached. In this document you will find information on which type of Visa you will need. You will also be able to find instructions on how to apply for your visa.

The time frame for issuing a Visa to Brazil will depend on the country where the participant is applying. Check the website of the chosen Brazilian Consulate or Embassy for further information on turnaround times.

3 | WEBSITE

The Test Events website is www.aquecerio.com. A specific page for the Aquece Rio Women Wrestling will be developed in the upcoming months.

4 | CONTACT

For questions on the Test Event, please contact Gilles Tonoli:

Gilles Tonoli - Rio 2016 Wrestling Sport Manager
wrestling@rio2016.com

