



UNITED WORLD
WRESTLING

INTERNATIONAL KAZAK KURESI RULES

January 2019





FOREWORD

Kazakh Kuresi, like all other sports, obeys Rules that constitute the "Rules of the Game" and define its practice, the aim of which is to "pin" the opponent or to win on points.

In 2016 UNESCO entered Kazakh Kuresi into the list of non-material cultural heritage of mankind noting its influence on the strengthening of the relations between communities based on the principles of tolerance, goodwill and solidarity.

Frequently modified and always subject to further modification, the Rules set forth herein must be known and accepted by all wrestlers, coaches, referees and leaders. They call upon those who practice the sport to fight totally and universally, with complete honesty and fair play for the pleasure of the spectators.



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GENERAL RULES

Article 1 - Object

Drawn up in compliance with the UWW Constitution, the Financial Regulations, the Disciplinary Regulations, the General Rules governing the organization of international competitions, and all the specific Regulations, the International Wrestling Rules have as their specific objectives to:

- Define and specify the practical and technical conditions under which bouts are to take place;
- Determine the competition system, methods of victory, defeat, classification, penalty, elimination of competitors, etc.;
- Determine the values to be assigned to wrestling actions and holds;
- List situations and prohibitions;
- Determine the technical functions of the officials. Being subject to modification in light of practical observations as to their application and research into their effectiveness, the international Rules set forth in the following document constitute the framework within which the sport of wrestling is conducted in all its styles.

Article 2 - Interpretation

In the event of disagreement as to the interpretation of the provisions of any article in the following Rules, the Executive Committee of UWW is solely empowered to determine the exact meaning of the article(s) in question. The English text shall prevail.

Article 3 - Application

Application of these to all international competitions under the control of UWW is compulsory.

During international tournaments, a competition procedure that differs from that set out in the Rules may exceptionally be used, provided that permission has been granted by UWW and all participating countries.

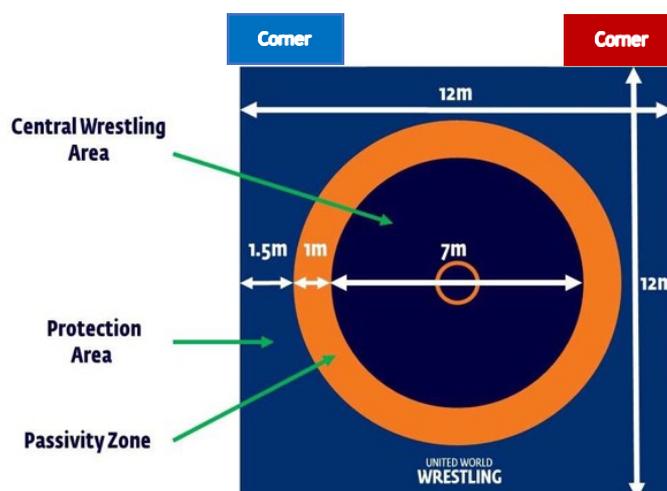
CHAPTER 1 - MATERIAL STRUCTURE

Article 4 - The Mat

A new UWW approved mat, with a 9m diameter and surrounded by a 1.50m border of the same thickness is obligatory in the following contests: Championships and Cups. For all other international competitions, mats must be homologated, but not necessarily new.

For the World Championships, warm up and training mats must also be new and

approved by UWW and be of the same quality as the competition mats. An orange band of 1m wide and forming an integral part of the wrestling area is drawn along the circumference on the inside of the circle of 9m in diameter.





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The following terms will be used to designate the various parts of the mat:

The central circle indicates the middle of the mat (1m of diameter). The inside part of the mat which is inside the orange circle is the central surface of wrestling (7m of diameter). The orange strip is 1m wide. The protection area is 1m50 wide.

For all World and Continental Championships, the mat shall be installed on a platform not higher than 1m10 or lower than 0m50. If the mat lays on a podium and that the protection margin (covering and free space around the mat) does not reach 2 meters, the sides of the podium will have to be covered with 45° inclined panels. In all cases, the color of the protection area will have to be different from the one of the mat. The wooden floor near the mat will have to be covered with a strongly well fixed soft cover.

To prevent contamination, the mat must be cleaned and disinfected before every wrestling session. When mats that have a smooth, uniform and non-abrasive surface are used (canvas included), the same hygienic measures must also be applied.

A circle must be traced in the middle of the mat with an inside diameter of one meter and a surrounding band 10 cm wide.

The coach of each athlete will be located in the same side of the mat. The red wrestler will be place on the left and the blue wrestler on the right.

The mat should be installed so that it is surrounded by a wide open space in order to ensure that the competition proceeds normally.

All the details regarding the UWW logo and the mat manufacturer logo, should be addressed to United World Wrestling headquarters and be followed by the guidelines sent to the Mat Producers.

Article 5 - The Uniform

To compete at United World Wrestling events, athletes of ALL age categories must comply with the UWW uniform rules for the style.

Jackets for Kazakh Kuresi are sewn in a special cut and made of white cotton cloth with red or blue stripes on the right and left sides, starting from the back of the waist (belt holes), passing over the shoulder to the front of the jacket (belt holes), edging them, sleeves, the entire lapel jacket (red or blue).

The width of the strips is 5 cm. The sleeve of the jacket goes up to the elbow bend, and the width leaves a space for the palm, of no less than 10 cm.



The lower edges of the jacket are no longer than 15 cm. To pass the belt along the waistline, two slots are made 5 cm forward and backward from lateral seam. The belt must be inserted into these slots, double-encircle and tightly fit the body and be tied at the front with a knot securing both its turns. The ends of the tied belt should not be longer than 15 cm. The jacket should go 20-25 cm below the waist.

Shorts for wrestlers are made of white cotton cloth with cuts on the sides, with two stripes on the right and left of the thigh (blue or red). The width of the bulb is 1cm. They start from the top belt line, inside of the



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short's passes a belt of cotton fabric cord. The shorts should cover 1/2 of the thigh (above the knee 10-15 cm).

Athletes must wear wrestling shoes providing firm support for the ankles. The use of shoes with heels or nailed soles, shoes with buckles or with any metallic part, is prohibited. Shoes may be without laces. Shoes with laces should be wrapped with sticky tape or a system which hides laces so that they do not come undone during the match. Each competitor is responsible for providing the tape himself for the shoes which will be controlled before getting on to the mat.

Responsibility of compliance

At all UWW events, the National Federations are responsible for ensuring that the items worn or used by the members of their delegation comply with the terms of these rules.

Violations

At the weigh-in, the referee must check that each competitor satisfies the requirements of this article. The wrestler must be warned at the weigh-in, if his appearance is non-compliant. If the wrestler fails to comply the wrestlers' federation will be fined at the conclusion of the competition. If the wrestler enters the mat with the incorrect designated for the match, officials will allow maximum one minute in order for him to comply. If, after this time, the wrestler is still at fault, he will lose the match by forfeit.

It is prohibited to:

- Wear the emblem or abbreviation of another country.
- Apply any greasy or sticky substance to the body
- Arrive at the mat perspiring for the beginning of the match and for the beginning of each period.
- Wear bandages on fingers, wrists, arms or ankles except in the case of injury and on doctor's orders. These bandages must be covered with elastic straps.
- Wear any object that might cause injury to the opponent, such as rings, bracelets, prosthesis, piercing etc.
- Wear under-wired bras for Women's wrestlers

Article 6 - Competitor's License

Any male or female cadet, junior and senior wrestler who competes in the Olympic Games, World Championships, World Cups, Continental Championships, Cups and Games, Regional Games and the World and Continental League, international tournaments registered in the UWW calendar must hold an international competitor's license, as defined by special Regulations. Any veteran wrestler who competes in the World Championships and other international competitions must also hold an international competitor's license. This license is also used as insurance for medical and hospital expenses in case of an accident taking place during the international competition the wrestler is participating in. The license is only valid for the current year and must be renewed each year. The license request must be sent at least 2 months before the competition that the concerned wrestler will take part. This timeline is fixed in order to let enough time to conclude the procedure and validate the license. All the licenses must be acquired via "ATHENA" system through the national federation's account.

Article 7 - Age, Weight and Competition Categories

Age categories

The age categories are as follows:



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- Schoolboys 14-15 years (from 13 with medical and parental certificate)
- Cadets 16-17 years (from 15 with medical and parental certificate)
- Juniors 18-20 years (from 17 with medical and parental certificate)
- U23 19-23 years (from 18 with medical and parental certificate)
- Seniors 20 years and older
- Veterans 35 years and older

Wrestlers in the junior age category are allowed to participate in the competitions for seniors. However, wrestlers aged 18 in the year concerned must provide a medical certificate and parental authorization. Wrestlers aged 17 in the year in question may not participate in senior competitions.

Age will be verified at all Championships and competitions during the accreditation.

An honor certificate for each participant will be issued by the President of the National Federation attesting to the age of the wrestler; this certificate must be drawn up in accordance with the model supplied by UWW, on the National Federation's letterhead.

A wrestler may participate in a competition only under the nationality appearing on his license. If, at any time, it is determined by UWW that the statement was false and that fraud occurred, the disciplinary measures provided for to this end will be immediately applied against the National Federation, the wrestler and the person whose signature appears on the fraudulent certificate.

Wrestlers who wish to change their nationality must refer to the procedure described in the International Regulations for the change of nationality. Wrestlers can change their nationality only once. Once the procedure for the change of nationality is completed they are not entitled to compete for their former country anymore or for any other country in a UWW official competition.

Each licensed wrestler who participates in a competition automatically agrees to UWW to use his filmed or photographed image for the promotion of the competition or of competitions to come. If a wrestler refuses to agree to these conditions, he will have to make this clear at the entry stage and, may therefore be excluded from the competition.

Weight categories

The weight categories for **UWW's Kazakh Kuresi Men's** are as follows (in kilograms):

SENIORS, VETERANS, U23 AND JUNIORS

- 60 kg, 70kg, 80kg, 90kg, +90, Absolut "Tuye Paluan" (athletes over 90kg are allowed to participate; there's a separate draw for this category).

CADETS (16-17 years)

- 46, 51, 57, 64, 72, 81, +81 kg.

SCHOOLBOYS (14-15 years)

- 38, 42, 46, 50, 55, 60, 66, 73, +73 kg.

The weight categories for **UWW's Kazakh Kuresi Women's** are as follows (in kilograms):

SENIORS, VETERANS AND U23 AND JUNIORS

- 48, 52, 57, 63, 70, 78, +78, Absolut "Tuye Paluan" (athletes over 70kg are allowed to participate; there's a separate draw for this category).



CADETS (16-17 years)

- 36, 40, 44, 48, 52, 57, 63, 70, +70.

SCHOOLBOYS (14-15 years)

- 33, 36, 40, 44, 48, 52, 57, 63, +63.

CHAPTER 2 - COMPETITIONS AND PROGRAMMES

Article 8 - Competition System

The competitions take place by direct elimination system with an ideal number of wrestlers, i.e. 4, 8, 16, 32, 64, etc. If there is no ideal number of wrestlers in a category, qualification matches will take place.

Pairing is made in the order of the numbers drawn at random. The losers in the semi-finals take part in the match for the 3rd and 4th places.

Each weight category begins and ends in a day. Each category weigh-in and medical control take place the day before the beginning of the category concerned.

The competition takes place in the following manner:

- Qualification rounds
- Elimination rounds
- Finals

If there are less than 6 wrestlers in a weigh-in category, the Nordic round will take place (each wrestler against each wrestler). Example of a competition by direct elimination Let us take the example of a competition with 22 wrestlers in a weight category. The 22 wrestlers draw a number at random which defines the order of start. In our example, we have 6 wrestlers with the ideal number of 16. The qualification matches will be disputed by 6 wrestlers who drew the highest numbers after 16, i.e. 17, 18, 19, 20, 21 and 22 and by 6 wrestlers drawing the numbers at random directly before 17, i.e. 16, 15, 14, 13, 12, 11. According to the pairing principle in the order of the numbers drawn at random, the matches take place in the following manner:

- Number 11 against number 12, match number 1
- Number 13 against number 14, match number 2
- Number 15 against number 16, match number 3
- Number 17 against number 18, match number 4
- Number 19 against number 20, match number 5
- Number 21 against number 22, match number 6

The winners of these 6 qualification matches are qualified for the elimination round by direct elimination. We have the ideal number of 16 wrestlers after the qualification matches. The 16 wrestlers competing for the elimination round are the 10 wrestlers who drew the numbers from 1 to 10 and the 6 wrestlers who won the qualification matches, i.e. numbers 12, 13, 15, 17, 19 and 22 (to arrive at 16). According to the pairing principle in the order of the numbers drawn at random, the first elimination round takes place in the following manner:

- Number 1 against number 2, match number 1



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- Number 3 against number 4, match number 2
- Number 5 against number 6, match number 3
- Number 7 against number 8, match number 4
- Number 9 against number 10, match number 5
- Number 12 against number 13, match number 6
- Number 15 against number 17, match number 7
- Number 19 against number 22, match number 8

The two finalists in the elimination rounds take part in the match for the 1st and 2nd places.

Classification criteria

From the 5th place, wrestlers of each category will be ranked depending on their classification points, retirement or forfeit, injury or disqualification. In case of a ranking tie, they will be ranked by analyzing the following criteria successively:

- The most victories by “TAZA”
- The most match won by “ZHARTYLAY ZHENIS”
- The most technical points scored in all the competition
- The fewest technical points given in all the competition
- If the place of the wrestlers cannot be determined with the above mentioned criterion, they will be ranked ex aequo.

Ranking criteria for the Nordic tournament

In the Nordic tournament, the wrestler with the highest number of victories will be ranked first. If two wrestlers have an equal number of victories, their direct match will determine the ranking. If more than two wrestlers have an equal number of victories, the last of the ex-aequo group will be determined following these criteria until only two wrestlers remain:

- The fewest classification points
- The fewest victories by “TAZA”
- The fewest match victories by “ZHARTYLAY ZHENIS”
- The fewest technical points scored in the whole competition
- The most technical points given in the whole competition
- The highest draw number

Article 9 - Competition Program

In principle, for all competition types, the sessions shall not last longer than three hours. Except the competitions televised by United World Wrestling, all the matches for the 1st and 2nd, for the 3rd and 4th place must take place on one mat.

For the competitions televised by United World Wrestling, all the finals (gold and bronze) must take place on one mat in order that all the bouts are broadcasted.

Article 10 - Award Ceremonies

The first three wrestlers in each weight category shall take part in the awards ceremony, and shall receive a medal and a diploma, according to their ranking.

1 st	Gold + diploma
2 nd	Silver + diploma



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3rd Bronze + diploma
4th-10th Diploma

At the World Championships, the winner will receive the World Championship Belt. (See Rules governing distinctions and awards).

In order to run the finals smoothly and let the athletes wear the proper clothes, the award ceremonies will be organized following this system:

Category 1	Bronze medal match
Category 1	Gold medal match
Category 2	Bronze medal match
Category 2	Gold medal match
Category 1	Award Ceremony
Category 3	Bronze medal match
Category 3	Gold medal match
Category 2	Award Ceremony
Category 3	Award Ceremony

For exceptional cases, this order can be modified by United World Wrestling.

CHAPTER 3 - COMPETITION PROCEDURE

Article 11- Weigh-In

The final list of contestants must be submitted to the organizer by the team leader, without fail, at least at 12h00 the day of the weigh-in. No changes will be accepted after this time.

For all competitions, a single weigh-in by weight category shall take place. The weigh-in for each category always takes place on the day before the beginning of the competition concerned and lasts 30 minutes.

No wrestler may be accepted at the weigh-in if he has not undergone a medical examination within the time period stipulated in the Regulations governing the competition in question. Medical examinations are always carried out 1 hour 15 minutes before the weigh-in. A period of fifteen (15) minutes between the medical examination and the weigh-in must obligatorily be followed. Wrestlers must appear at the medical examination and the weigh-in with their license and accreditation.

The contestants will be weighed with only their underwear, after having been examined by qualified physicians who are obliged to eliminate any wrestler who presents any danger of contagious disease. No weight tolerance will be allowed for the underwear.

Contestants must be in perfect physical condition, with their fingernails cut very short.

Throughout the entire weigh-in period, wrestlers have the right, each in turn, to get on the scale as many times as they wish.

The referees responsible for the weigh-in must check that all wrestlers are of the weight corresponding to the category in which they are entered for the competition, that they fulfil all the requirements of Article

5 - The uniform - and to inform any wrestler of the risk he runs if he presents himself on the mat in incorrect dress. Referees will refuse to weigh a wrestler who is not dressed correctly.



Article 12 - Drawing of Lots

Participants shall be paired off for each round according to the numerical order determined by the drawing of lots during the weigh-in. The drawing of lots must be conducted in public. The UWW competition management system shall be used for the weigh-in and management of all international competitions entered in the UWW calendar.

If the UWW competition management system cannot be used, numbered tokens corresponding to the number of wrestlers who underwent a medical examination must be enclosed in an urn, a bag or any other similar object. If a different system is used, it must be clear.

The wrestler shall be weighed, and, as he leaves the scales, shall draw his number, on the basis of which he shall be paired off. This number must be immediately entered on a notice board visible to the public, as well as on the starting and weigh-in list.

Important: When the person responsible for the weigh-in and drawing of lots observes an error in the regulation procedure as outlined above, the drawing of lots for the category in question is to be cancelled. Drawing of lots for this category will then be repeated with the agreement of the technical delegate.

The referees are responsible for writing down the figures drawn by the wrestlers and sign and date the weigh-in form which will rule in case of any protest.

Article 13 - Starting List

If one or more wrestlers do not attend the weigh-in or are too heavy, after the weigh-in, wrestlers are regrouped in a precise classification order from the lowest to the highest number.

Article 14 - Pairing

Wrestlers shall be paired off in the order of the numbers they drew. A document establishing the correct procedure and time schedule of the bouts must be drawn up, and it must provide all the relevant information concerning the manner in which the competition is to be conducted.

The pairing for each round, as well as the results, are recorded on a board for use by the competitors, who must be able to consult it at all times. See table enclosed with these rules.

Article 15 - Elimination from the Competition

The loser is eliminated and ranked according to the classification points marked, except for the medal winners and who took the 4th place.

After the weigh-in, in case a wrestler, without medical advice signed by the UWW doctor or the competition's doctor and without advising the competition secretariat, does not present himself to his opponent when his name is called, he will lose his bout by forfeit, will be eliminated and ranked without rank. His opponent will win the match.

If the UWW doctors can prove that a wrestler simulates an injury for political reasons to avoid competing against his opponent, he will be disqualified, placed last in the ranking, without any rank and the note "Dsq" near to his name.

If a wrestler commits an obvious offence against fair play within the spirit and concept of total and universal wrestling enunciated by UWW, and openly cheats, commits a serious error or engages in brutality, he will be disqualified immediately from the competition and eliminated by a unanimous decision of the officiating



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team. In this situation, he will be placed last in the ranking, without any rank and the note “Dsq” near to his name.

If two wrestlers are disqualified for brutality during the same match, they will be eliminated as above. The pairing for the following round will not be modified. The wrestler supposed to meet one of the disqualified wrestlers wins the match.

If two semi-finalists are disqualified for brutality during same match, they will be eliminated and their losers in quarter-final will compete in semi-final.

If this qualification perturbs the ranking in a final match, the following wrestlers will move up the table to establish the final classification.

If the two finalists are disqualified, then it will be necessary to make the bout between the two losers in the semi-final to determine the 1st and the 2nd place. All others participants will go up in the ranking.

Ranking in the event of doping violations

In case of positive doping control, the wrestler will be disqualified, and he will automatically be placed last in the ranking, without any rank and the note “DSQ” near to his name.

If the 1st or 2nd ranked wrestler is disqualified for doping, the bronze medalist who lost at the semi-final with that particular finalist shall move up to second place.

The loser of the ¼ final from the finalist disqualified shall move up and will receive the bronze medal. For the rest of the ranking, the other wrestlers will move up in placing according to the ranking system.

CHAPTER 4 - REFEREEING BODY

Article 16- Composition

In all competitions, the refereeing body for each bout shall consist of the following:

- 1 mat chairman
- 1 referee
- 1 judge

The appointment procedures of these three officials are set in the Regulations for the International Refereeing Body. Replacement of an official during a bout is strictly prohibited, except in the case of a serious illness that is medically confirmed. In no case may the refereeing body be composed of two officials of the same nationality. Furthermore, it is strictly forbidden for an official to officiate in bouts involving compatriot wrestlers. The refereeing body shall make all decisions unanimously or by majority (two out of three) except in fall situations where the mat chairman’s approval must be obtained.

Article 17 - General Duties

- a) Officials shall perform all the duties set forth in the Regulations governing United World Wrestling Kazakh Kuresi wrestling competitions and in any special provisions which might be established for the organization of particular competitions.
- b) It is the duty of officials to follow each bout very carefully and to evaluate the actions of the wrestlers so that the results shown on the judge’s and mat chairman’s score sheet accurately reflect the specific nature of said bout.
- c) The mat chairman, referee and judge shall evaluate the holds individually in order to arrive at a



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final decision. The referee and judge must work together under the direction of the mat chairman, who co-ordinates the work of the officials.

- d) It is the duty of the officials to assume all of the functions of refereeing and judging, to award points and to impose the penalties stipulated in the Rules.
- e) The score sheets of the judge and mat chairman are used to tally all the holds executed by the two opponents. The points, cautions must be recorded with the greatest accuracy, in the order corresponding to the various phases of the bout. These score sheets must be signed by the judge and mat chairman, respectively.
- f) If a bout does not end in a “fall”, the decision shall be made by the mat chairman. It shall be based on an evaluation of all the actions of each competitor, recorded from beginning to end on the judge’s and mat chairman’s score sheets.
- g) All the points awarded by the judge must be announced to the public as soon as they are determined, either by means of bats or by an electric scoreboard.
- h) Officials are required to use the basic UWW vocabulary that is appropriate to their respective roles when conducting the bouts. However, they are forbidden to speak to anybody during the bout, except, of course, amongst themselves when the occasion requires them to do so for consultation and to perform their tasks properly.
- i) When a challenge is requested by a coach and confirmed by the wrestler, the refereeing delegate (or his substitute) and the mat chairman must watch the video evidence on the large screen. After a discussion together, the refereeing delegate (or his substitute) renders its decision solely without consultation with the refereeing body.

Article 18 - Referee’s Dress

The refereeing body (instructors, supervisors, referees, judges, mat chairmen, and jury members) must be dressed with the UWW homologated Uniform.

The dress must be a model homologated by UWW. The refereeing body may not wear the name of a sponsor. However, the number on his jacket may include the name of a UWW sponsor.

Article 19 - The Referee

- a) The referee is responsible for the orderly conduct of the bout on the mat, which he must direct according to the Rules.
- b) He must command the respect of the contestants and exercise full authority over them so that they immediately obey his orders and instructions. Similarly, he must conduct the bout without tolerating any irregular and untimely outside interventions.
- c) He shall work in close co-operation with the judge and must carry out his duties in supervising the bout while refraining from any impulsive or untimely interference. His whistle shall begin, interrupt and end the bout.
- d) Start and restart the match with the command “BASTA”.
- e) The referee shall order the return of the wrestlers to the mat after they have left it, or the continuation of the bout, with the approval of the judge, or failing that, with the approval of the mat chairman.
- f) The referee is required to wear a blue wristband on his left wrist, and a red wristband on his right wrist. He shall indicate with his fingers the points corresponding to the value of a hold after its execution (if it is valid, if it has been executed within the limits of the mat, and if a wrestler has been put in a danger position, etc.) by raising the arm corresponding to the wrestler who scored.
- g) The referee must never hesitate to:
 - Interrupt the bout at exactly the right time, neither too soon nor too late.
 - Indicate whether a hold executed at the edge of the mat is valid.



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- Signal and announce “TAZA” after seeking the agreement of the judge, or if this is not possible, of the mat chairman.
- h) The referee must:
- Rapidly and clearly order the position in which wrestling must be resumed, when he sends the wrestlers back to the center of the mat (their feet must be in the central circle).
 - Not stand so close to the wrestlers that he obstructs the view of the judges and the mat chairman, particularly if a “TAZA” appears imminent.
 - Ensure that the wrestlers do not rest during the bout on the pretense of wiping their bodies, blowing their noses, pretending to be injured, etc. In this case, he must stop the bout and ask for a caution “E” to the wrestler at fault and the corresponding points to his opponent.
 - Be able to change his position from one moment to the next, on the mat or around it.
 - Be able to stimulate a passive wrestler without interrupting the bout, by standing in such a way as to prevent the wrestler from leaving the mat.
 - Be ready to stop the bout for any reason foreseen in the rules with the “TOKTA” command stretching his arm towards the wrestlers with open palms.
 - Not interrupt the bout in a danger position situation except if it is an illegal hold.
- i) The referee is also required to:
- Require the wrestlers to remain on the mat until the result of the bout is announced.
 - In all cases where agreement is necessary, first ask the opinion of the judge at the edge of the mat facing the mat chairman.
 - Proclaim the winner after agreement with the mat chairman at the end of the bout.
- j) The referee requests penalties for violation of the Rules or for brutality.
- k) The referee, if the mat chairman intervenes, must interrupt the bout and proclaim victory for pure throw “TAZA”

Article 20 - The Judge

- a) The judge is responsible for all the duties stipulated in the general Rules of United World Wrestling Kazakh Kurezi Wrestling.
- b) He must follow the course of the bout very closely without allowing himself to be distracted in any way; he must award points for each action, and mark them on his score sheet, in agreement with the referee or mat chairman. He must give his opinion in all situations.
- c) Following each action, and on the basis of the referee’s indications (which he compares with his own evaluation) or, failing this, on the basis of the mat chairman’s indications, he records the number of points awarded to the action in question, and enters the results on a scoreboard placed beside him. This scoreboard must be visible to both the spectators and wrestlers.
- d) The judge verifies and signals the “TAZA” to the referee.
- e) If, during the bout, the judge notices something that he feels he should bring to the referee’s attention because the latter was not able to see it or did not notice it (a fall, illegal hold, passive position, etc.), the judge is obliged to do so by raising the bat of the same color as the uniform of the wrestler in question, even if the referee has not asked for his opinion. In all circumstances, the judge must call the referee’s attention to anything that seems to him abnormal or irregular in the course of the bout or in the conduct of the wrestlers.
- f) The judge must, moreover, sign the score sheet handed to him upon receipt, and at the end of the bout, must clearly record on the score sheet the result of the bout by distinctly crossing out the name of the loser and writing in the name and country of the winner.
- g) The decisions of the referee and judge are valid and enforceable without the intervention of the mat chairman if they are in agreement - except for proclamation of victory by technical superiority, in which case the mat chairman is required to give his opinion and in case of consultation or challenge.
- h) The judge’s score sheet must accurately indicate the time at which a bout ends in the case of victory



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by a “TAZA”, “ZHARTYLAY ZHENIS”, etc.

- i) To make it easier for the judge to supervise the bout, particularly in a delicate position, he is authorized to change positions, but only along the edge of the mat over which he has control.
- j) He must also indicate by underlining, the last action scored which can determine the winner of the bout.
- k) Cautions for fleeing the mat, illegal holds, or brutality will be noted by an ‘E’ in the column of the wrestler at fault. For the first caution, for his opponent is counted “BUK”, the second warning, for his opponent is counted “ZHAMBAS”.
- l) The Judge can get up from his seat during the additional time “Koyan-Koltyk Beldesu”.

Article 21 - The Mat Chairman

- a) The mat chairman, whose functions are very important, shall assume all the duties provided for in the United World Wrestling Kazakh Kuresi Wrestling Rules.
- b) He shall co-ordinate the work of the referee and the judge.
- c) He is obliged to follow the course of the bouts very carefully, without allowing himself to be distracted in any way, and to evaluate the behavior and action of the other officials according to the Rules.
- d) In the event of any disagreement between the referee and judge, his task is to settle the issue in order to determine the result, the evaluation of an action and the “TAZA”.
- e) In no case may the mat chairman be the first to give an opinion. He must wait for the opinion of the referee and judge. He is not entitled to influence the decision.
- f) The mat chairman’s approval must absolutely be sought before granting a “TAZA”.
- g) The mat chairman may decide to interrupt the bout in case of a serious mistake made by the referee.
- h) He may also interrupt the bout if a serious scoring mistake is made by the referee and/or the judge. In such case, he must ask for a consultation. The mat chairman has the right to review the video evidence with the referee and the judge. If the mat chairman does not obtain majority during the consultation, he must stand for either the referee or the judge. This consultation does not alter the wrestler’s right to the challenge.
- i) During a bout, when the coach considers that a blatant refereeing mistake has been made against his wrestler and calls for a challenge, the mat chairman must wait for the action to go to neutral and stop the match. The refereeing delegate (or his substitute) and the mat chairman must review the video evidence. If the refereeing delegate (or his substitute) agrees that the refereeing body was right, the mat chairman must make sure that no other challenge will be granted to the wrestler in question during the remaining of the match.
- j) After the review of the video evidence, the refereeing delegate (or his substitute) solely renders its decision. Its decision is final and cannot be challenged.
- k) After announcing the third caution to the wrestler (wrestlers), he invites the Referee Delegate to the mat to participate in the decision on the need to declare the third caution “ESKERTU”.

Article 22 - Penalties against the Refereeing Body

The UWW Bureau, which constitutes the supreme jury, shall collectively have the right to take the following disciplinary measures against the member(s) of the refereeing body technically at fault, upon report by the competitions’ delegates:

- Give the official(s) concerned a warning
- Suspension from competition for one or more session

- Withdraw the official(s) from the competition
- Demote the official(s) to a lower category
- Order a temporary suspension
- Order a final dismissal



CHAPTER 5 - THE BOUT

Article 23 - Duration of the Bout

Men

For schoolboys: one period of three minutes.

For cadets: one period of four minutes.

For Juniors and Seniors: one period of 5.

For all the competitions, the timing displayed on the scoreboards will start from 0 to 5 minutes (from 0 to 3 minutes for Schoolboys and from 0 to 4 minutes for cadets).

The winner is declared by the addition of the points at the end of the regular time.

The “TAZA” stops automatically the match whatever the time.

Women

For schoolboys: one period of two minutes.

For cadets: one period of three minutes.

For Juniors and Seniors: one period of 4.

For all the competitions, the timing displayed on the scoreboards will start from 0 to 4 minutes (from 0 to 2 minutes for Schoolboys and from 0 to 3 minutes for cadets).

The winner is declared by the addition of the points at the end of the regular time.

The “TAZA” stops automatically the match whatever the time.

Article 24 - Call to the Mat

The contestants are called in a loud and clear voice to present themselves on the mat. A contestant cannot be called to compete in a new bout until he has had a rest period of twenty (20) minutes from the time his preceding bout ended.

A delay is granted to any wrestler who does not reply to the first request in the following manner:

- The competitors must be called three times at 30-second intervals.
- These calls are made in both French and English.
- If the wrestler does not come forward after the third call, he will be disqualified and will not be placed.
- His opponent will win the bout by forfeit.

Article 25 - Presentation of Wrestlers

The following ceremony takes place for each weight category in the finals for first and second places: The finalists are presented and the speaker announces their achievements when they are coming on the mat.



Article 26 - Start

Before the bout begins, each opponent answers when his name is called and takes his place at the corner of the mat assigned to him. The corner is the same color as the gear he has been assigned to wear.

The wrestlers must put their right hand to the left side of his chest and bow. The referee, standing in the central circle in the middle of the mat, calls the two wrestlers to his side. He then shakes hands with them and examines their dress, checks that they are not covered with any greasy or sticky substance, verifies that they are not perspiring and verifies that their hands are bare. The wrestlers then shake hands with a twofold touch of the left and right side of the chest. Then they take a step back and at the command of the referee “BASTA” begin to wrestle.

Article 27 - Interrupting the Bout

- a) If a contestant finds himself forced to interrupt the period because of an injury or because of any other acceptable incident beyond his control, the referee may stop the bout. During such an interruption, the wrestler(s) must stand in their corner. They can receive advice from their coach.
- b) If a bout cannot be resumed for medical reasons, the decision is made by the competition doctor in charge, who informs both the coach of the wrestler involved and the mat chairman; the latter then orders that the bout be stopped. The decision rendered by the competition’s doctor may not be reversed.
- c) Under no circumstances may a contestant take the initiative to interrupt the action himself.
- d) If an action must be stopped due to one wrestler deliberately injuring his opponent, the wrestler at fault will be disqualified.
- e) If a wrestler interrupts the bout without any blood or visible injury as determined by the competition doctor, a “BUK” will be awarded to the opponent. The bout shall resume immediately.
- f) In case of bleeding of one of the wrestlers, the referee shall interrupt the bout to stop the bleeding. A chronometer will start as soon as the doctor steps on the mat. In case the accumulated time of interruptions to treat the bleeding exceeds 4 minutes over the entire duration of the bout, the mat chairman shall order the end of the bout. In that case, the concerned wrestler loses the match and the opponent wins the match on injury. If the bout is wrestled until the end, the chronometer will be reset for the next round.

Article 28 - End of the Bout

The bout ends either when a “TAZA”, a disqualification by injury of one of the opponents are declared, or at the end of the regular time.

When a wrestler scores 10 points more than his opponent, he wins the match by superiority. In any case, the referee must wait for the end of the action: attack, counter-attack or takedown where the wrestler is in a position that may lead to a fall.

If the referee has not heard the gong, the mat chairman must intervene and stop the bout by throwing a soft object on the mat, in order to attract the referee’s attention. Any action begun at the time when the gong sounds is not validated and no action performed between the sounds of the gong and the referee’s whistle is valid.

When the bout has ended, the referee stands in the center of the mat facing the mat chairman’s table. The

wrestlers shake hands with two-fold touching the left and right chest, stand on either side of the referee and await the decision. They are forbidden to take off their gear before leaving the competition hall. Immediately after the decision is announced, the wrestlers shake hands with the referee.



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Each wrestler must then shake hands with his opponent's coach. If the above provisions are not observed, the wrestler at fault will be penalized in accordance with the Disciplinary Regulations.

Article 29 - Interrupting and Continuing the Bout

When the wrestling has been stopped, it will recommence standing.

Wrestling must be stopped and resumed at the center of the mat in the standing position if:

- One foot entirely touches the protection area and no action is executed.
- The wrestlers in a hold go into the passivity zone with three or four feet without executing the hold and stay there.
- When a challenge is requested by a coach, the mat chairman interrupts the bout when the action is back to neutral. If the wrestler disagrees with the coach's decision, he must reject the challenge directly and the match continues.

Article 30 - Types of Victories

A bout may be won:

- by "TAZA"
- by injury
- by 4 cautions given to the opponent during a bout
- following a forfeit
- by a disqualification
- by points (winning by 1 "BUK" more at minimum)

When there's a tie at the end of the match time it's given an additional 3 minutes of extra time named "KOYAN-KOLTYK BELDESU".

For the "KOYAN-KOLTYK BELDESU":

- Wrestlers are placed in the center of the mat in the cross capture hold (one of the opponent's hands is at the bottom of the opposite hand and the second from above).
- The Red wrestler takes the hold first and the Blue wrestler takes the hold second and he's not allowed to change the position of the lower arm. The two-handed grip of the opponent's belt should be from above on back between two cuts of jacket.
- The referee with both hands touches the back of the wrestlers and after making sure that the wrestlers are ready, gives a "BASTA" command on the back of each competitor;

During "KOYAN-KOLTYK BELDESU" wrestlers are prohibited to:

- Move without referee's command;
- Release the grip;
- Rest the head against the rival's chest
- Stand on the knee(s).
- Get out of the mat.

Determination of the winner during "KOYAN-KOLTYK BELDESU":

- It's played with Golden Score, first score wins.



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- The winner is the opponent of the wrestler who first stepped out of the mat.
- The winner is the opponent of the wrestler who first released the hold.
- The winner is the opponent of the wrestler who touched the mat first with any body part with the exception of the feet.

At the end of the additional 3 minutes, if the winner is not determined, the victory is awarded following these criteria:

- the highest value of holds;
- the least amount of cautions;
- the last technical point(s) scored.
- The lightest wrestler at the official weigh in.
- The wrestler with the highest draw number.

A wrestler receiving 4 cautions during a match lost the bout. 4th caution must be given unanimously by the refereeing body. Challenge request should be accepted for all kinds of cautions.

Article 31 - The Coach

The coach may remain at the foot of the platform or at least two meters from the edge of the mat during the bout. If the UWW doctor (or the competition doctor) allows him, he is authorized to assist the injury treatment of his wrestler. Except during this situation and during the break, it is strictly forbidden to the coach to step on the mat. In that case he can be sanctioned by the referee.

The coach is strictly forbidden to influence decisions or to insult the referee or judge. He may only speak to the wrestler. The coach has the right to give water to his wrestler only during the break. It is prohibited for the wrestler to spit the water out. No other substance may be given during the pause or during the match.

It is the duty of the coach to wipe his wrestler during the break. At the end of the break, his/her wrestler might not sweat any more.

If these restrictions are not observed, the referee is obliged to ask the mat chairman to present the coach with a 'Yellow' card (caution); if he persists, the mat chairman will present him with a 'Red' card (elimination). The mat chairman may also present the YELLOW or RED card on his own initiative.

As soon as the red card is given, the mat chairman reports to the competition director and the coach shall be eliminated from the competition and may no longer continue his duties. These facts also need to be reported on the scoresheet of the concerned bout. However, the wrestling team involved shall have the right to obtain the services of another coach. The National Federation of the eliminated coach will be penalized following the dispositions of the Disciplinary and Financial Regulations.

Article 32 - The Challenge

The challenge is the action through which the coach is allowed, on behalf of the wrestler, to stop the action and request the refereeing delegate (or his substitute) and the mat chairman to watch the video evidence in case of a disagreement with the call. This possibility only exists during competitions in which the video control is formally established by UWW and the Organizing Committee.

The coach must request the challenge by pushing a button provided to him immediately after the refereeing body has awarded or failed to award points to the contested situation. If the wrestler disagrees with the coach's decision, he must reject the challenge directly and the match continues.

If during a competition, the system with buttons (for the challenges) are not provided for the coaches, the organizer will have to provide a sponge that will be used to ask the challenge.



The organizers also have the obligation to use the UWW competition management system and to project the video on a big screen (1 per mat minimum) that must be visible from the entire venue. This screen can be either a plasma screen or a white board used with a projector.

In case of a major technical problem which would not allow the review of the contested action, the refereeing body's initial decision will be enforced and the coach will keep his challenge.

Specific points

Each wrestler is entitled to one (1) challenge per match. If after reviewing the challenge the refereeing delegate (or his substitute) modifies the decision in favor of the wrestler who requested for challenge, then the challenge can be used again during the match by the concerned wrestler.

If the refereeing delegate (or his substitute) confirms the decision by the refereeing body, the wrestler loses the challenge and his opponent will receive one (1) technical point.

The mat chairman shall demand to stop the match to review the challenge as soon as the situation on the mat becomes neutral.

In case of dispute between the refereeing body and the coach, the refereeing body is allowed to refuse a challenge only after the approval of the refereeing delegate (or his substitute). The mat chairman and/or the referee cannot decline a challenge by them self.

No challenge can be requested for penalties given as a result of passive wrestling or in the event of a fall, being understood that the fall must be confirmed by the mat chairman further to the decision of either the referee or the judge (challenge request for illegal attacks or counter - attacks, action just between the last seconds and the end of the time, before the fall should be accepted).

No challenge can be requested after the end of the regular time of a period, except when the points are added to the scoreboard after the referee's whistle or in case action occurred just before the time is over. The coach has 5 seconds from the time the questioned score is posted on the official scoreboard to request a challenge.

The coach requesting the challenge must do so from his seat, without stepping on the mat or approaching the judge's or the mat chairman's table. Furthermore, the coach is not allowed to indicate his challenge request by throwing items on the mat.

After having reviewed the action, the refereeing delegate (or his substitute), after a consultation with the mat chairman, renders its decision. He intervenes and renders its decision in all cases. His decision will be final and may not be discussed.

It is not possible to request a "counter challenge" once a final decision has been made.

Article 33 - Team Ranking during Individual Competitions

The team ranking is determined by the first 10 wrestlers who are classified at the competition.



Rank in the weight category	Points
1 st	10
2 nd	9
3 rd	8
4 th	7
5 th	6
6 th	5
7 th	4
8 th	3
9 th	2
10 th	1

The application of the above-mentioned table remains invariable, whatever the number of wrestlers in each category is.

In case a weight category used the Nordic system, the team ranking is determined following this table:

Rank in the weight category	Points
1 st	10
2 nd	9
3 rd	8
4 th	7
5 th	6

If several teams have an equal amount of points, these teams will be ranked following this criteria:

1. most first places
2. most second places
3. most third places
4. etc.

Article 34 - Ranking System during Team Competitions

In principle, a team competition takes place according to UWW official weight categories that is 8 categories. Each team may change the wrestlers for each session, as long as they were weighed-in.

If a home-away session takes place in one day, one winner must be declared at the end of the home bout, and one at the end of the away bout. The victory obtained by a wrestler in a match gives 1 point to his team, with no regard to the way the victory has been obtained.

If a competition involves only two teams

If it is a one-day home-away session between two teams (dual meet), and each team wins a match, they are two ranking possibilities to be determined before the beginning of the match.

- a) Having a third match to determine the winning team.
- b) Determine the winning team by assessing the following criteria:
 - The most victories by adding the points of the 2 matches
 - Total of classification points after 2 matches (home-away matches)
 - The most victories by “TAZA”, forfeit, or disqualification
 - The most match victories by technical superiority
 - The most technical points obtained in all the competition
 - The fewest technical points given in all the competition



- The outcome of the last match competed

Rank in the weight category	Points	Rank in the weight category	Points
1st	10	6th	5
2nd	9	7th	4
3rd	8	8th	3
4th	7	9th	2
5th	6	10th	1
Place in the weight category		Points	
1st		10	
2nd		9	
3rd		8	
4th		7	
5th		6	

If a competition involves more than two teams

The same system will apply to determine the winner of the match. The winning team will receive 1 team point and the losing one 0 team point.

If two teams have an equal number of team points, their direct match will determine the ranking.

If more than two teams have an equal number of team points, the last of the ex-aequo group will be determined following these criteria until only two teams remain:

- The fewest classification points
- The fewest victories by “TAZA”, forfeit, disqualification
- The fewest match victories by superiority
- The fewest technical points obtained in all the competition
- The most technical points given in all the competition
- The highest draw number

The two remaining teams will be ranked according to the result of their direct match. In case of a tied match (same number of victory like 4-4) between two teams in a team competition, the winner will be determined by successively reviewing the following criteria:

- The total of classification points
- The most victories by “TAZA”, forfeit, or disqualification
- The most match victories by technical superiority
- The most technical points obtained during the match
- The fewest technical points given during the match
- The outcome of the last bout competed

CHAPTER 6 - POINTS FOR ACTIONS AND HOLDS

Article 35 - Danger Position

A wrestler shall be considered in the 'danger position' when the line of his back (or the line of his shoulders) vertically or in parallel with the mat, forms an angle of less than 90 degrees to the mat and when he resists with the upper part of his body to avoid a “TAZA”. (See definition of “TAZA”). The danger position occurs when:

- The defending wrestler assumes the bridge position.



- The defending wrestler, with his back toward the mat, supports himself on one or both elbows to avoid having his shoulders forced onto the mat.
- The wrestler has one shoulder in contact with the mat and at the same time exceeds the 90 degree vertical line with the other shoulder (acute angle).
- The wrestler rolls on his shoulders. The 'danger position' no longer exists when the wrestler exceeds the 90-degree vertical line with his chest and stomach facing the mat. If the mat and the competitor's back form a 90-degree angle only, this cannot yet be considered a 'danger position' (the neutral point).

Article 36 - Recording the Points

The judge marks the evaluations obtained for the actions and holds executed by the wrestlers on a score sheet, as each action is performed during the bout.

The evaluation of the action bringing about a “TAZA” are to be noted on the score sheet by a circle.

The caution for fleeing the mat, fleeing a hold, refusal to start, illegal hold and brutality shall be noted by “E”.

In case of a tie, the last technical evaluation scored shall be underlined.

Article 37 - Values assigned to the Actions and Holds

If an attacking wrestler in standing position, during the execution of his hold, steps out from orange zone with one foot, the referee must wait until the attacking wrestler finishes the action and must attribute the points that he scores. In the case that attacking wrestler lifts and steps out from orange zone with two feet, the referee must stop the bout without penalization for the attacking wrestler.

The main criteria for assessing the technical actions of wrestlers are:

- Control.
- Contact.

“TAZA” is awarded:

- One clean throw (making the opponent fall onto the mat with both shoulder blades).

“ZHARTYLAI ZHENIS” is awarded:

To make the opponent fall onto the mat:

- With simultaneous contact of shoulder blade and shoulder.
- With simultaneous contact with the upper part of the thigh and pelvis.
- On the bridge, or half bridge.
- To the side in a danger position.

“ZHAMBAS” is awarded:

To make the opponent fall onto the mat:

- With pelvis.
- With the waist.
- On the thigh.
- On the side on a non danger position.

“BUK” is awarded:

- To make the opponent fall onto the mat with hand(s), elbow(s), forearm(s), shoulder(s), knee(s), chest, abdomen).



In summary, all score evaluations are:

- Three evaluations of “BUK” are equated with one evaluation of “ZHAMBAS”.
- Two evaluation of “ZHAMBAS” are equated with a single evaluation of “ZHARTYLAY ZHENIS”.
- two evaluation of “ZHARTYLAY ZHENIS” are equated with one evaluation of “TAZA”.

Article 38 - Decision and Vote

The referee shall indicate his decision by raising his arm and clearly showing the points with his hands and fingers. If the referee and judge agree, the decision is announced. The mat chairman is not entitled to influence or change a decision if the referee and judge are in agreement except if he calls for a consultation or after a challenge.

If a vote is taken, the judge and mat chairman must indicate their votes using paddles or an electric score board.

Under no circumstances may the judge abstain from voting. He must express his decision clearly, leaving no room for ambiguity.

In case of a disagreement, the mat chairman makes the decision. This decision, in which he must decide between the opposing opinions of the referee and judge, obliges the mat chairman to vote in all cases for one or the other of the views given.

If the match lasts until the end of the allotted time, the mat chairman's score sheet will be taken into consideration when designating the winner. The public scoreboard must conform to the mat chairman's score sheet at all times during the bout. If there is a difference of 1 or more points between the judge's and mat chairman's score sheets, only the score on the mat chairman's score sheet will be considered.

Article 39 - Decision Table

When observing a wrestling action, the referee and judge award the points, cautions, indicated below which, in each of the cases put forward, provides the following result:

B: Blue wrestler - R: Red wrestler - 0: No evaluation

Referee	Judge	Mat Chairman	Official Result	Observations
BK R	BK R	-	TZ R	In these examples the judge and referee being in agreement, the mat chairman does not intervene except for serious fault
TZ B	TZ B	-	TZ B	
ZZ B	ZZ B	-	ZZ B	
ZB R	ZB R	-	ZB R	
BK R	0	0	0	In these examples the judge and the referee being in disagreement, the mat chairman intervenes and the principle of majority applies
BK B	BK R	BK R	BK R	
ZZ R	ZB R	ZB R	ZB R	
ZB B	0	ZB B	ZB B	
ZB B	TZ R	TZ R	TZ R	
TZ B	BK R	TZ B	TZ B	

In the event of any flagrant violation of the Rules, the mat chairman must call for a consultation.



CHAPTER 7 - CLASSIFICATION POINTS AWARDED AFTER A BOUT

Article 40 - Classification Points

10 points to the winner and 0 for the loser “TAZA”:

- Victory by “TAZA” (with or without technical point for the loser);
- Injury;
- Withdrawal;
- Default;
- Disqualification of the opponent.

7 points to the winner and 0 for the loser “ZHARTYLAY”.

5 points to the winner and 0 for the loser “ZHAMBAS”.

3 points to the winner and 0 for the loser “BUK”.

0 points for the blue wrestler and 0 points for the red wrestler (2DSQ 0:0):

- In case both wrestlers have been disqualified due to infraction to the rules.

Article 41 - The “TAZA”

The “TAZA”, the flawless victory, can be achieved by:

- One clean throw (making the opponent fall onto the mat with both shoulder blades).
- Two throws with an assessment of “ZHARTYLAI ZHENIS” (making the opponent fall onto the mat with simultaneous contact of shoulder blade and shoulder; or for simultaneous contact with the upper part of the thigh and pelvis; or falling on the bridge, or half bridge; or for falling to the side).
- Four throws with a rating of “ZHAMBAS” (making the opponent fall onto the mat with pelvis; or waist; or on the thigh);
- Twelve evaluations of “BUK” (making the opponent fall onto the mat with hand(s), elbow(s), forearm(s), shoulder(s), knee(s), chest, abdomen).
- If it is impossible to continue the match (forfeit, injury).
- The disqualification of the opponent for violation of the rules.

CHAPTER 8 - NEGATIVE WRESTLING

Article 42 - Passivity Zone (Orange zone)

The passivity zone that is orange colored, is provided for the purpose of detecting the passive wrestler; it is also intended to help eliminate systematic wrestling on the edge of the mat and any departures from the wrestling area.

Any hold or action begun on the central wrestling area and ending within that zone are valid including position of danger, counterattack and fall.

Any hold or counter attack begun in the standing position on the central wrestling area of the mat (apart from the passivity zone) is good, regardless of the place where it finishes (wrestling area, passivity zone or protection area). However, if it ends in the protection area, the bout is stopped and the wrestlers are returned to the center of the mat. In the standing position, points will be awarded according to the value of the hold.



An action, which is not evaluated with points in the wrestling area, can also not be evaluated with points in the protection area.

In the execution of their started holds and actions, and which have begun on the central surface of the mat, the wrestlers can enter the passivity zone with three or four feet and continue their actions or holds in all directions, provided that nothing interrupt the execution of their hold (pushing, blocking, pulling).

An action or a hold may not be commenced in a standing position in the passivity zone, except under the strict condition that the wrestlers engaged in the hold have only two feet in the zone. In this case, the referee will tolerate the situation for a limited period of time, waiting for the hold to be developed.

If the wrestlers interrupt their action in the passivity zone and stay there or if without any action they place two, three or four feet there, the referee interrupts the bout and brings the wrestlers back to the center, the bout resumes in standing position.

In all cases, in standing position, if one of the attacking wrestler's foot is in the protection area, which is outside the passivity zone, the referee will not interrupt the bout and will wait for action to be completed.

When the defending wrestler's foot is in the protection area, but the attacking wrestler carries out a hold without interruption, the hold is good. If the attacking wrestler does not carry out the hold, the referee interrupts the bout.

When the defending wrestler places one of his foot in the passivity zone, the referee must call 'ZONE' in a loud voice. Upon hearing this word, the wrestlers must endeavor to return towards the center of the mat without interrupting their action.

Article 43 - Determination of Passivity

- The athlete who is closer to the center of the mat is considered more active;
- The athlete who is in the passivity zone is considered passive;
- The athlete is considered passive in the case that he leans against on his side with his fist (which is a violation of the rules);
- The athlete is considered passive in the case that he blocks the actions of the attacker;
- The athlete is considered passive if he backs away;
- The athlete is considered passive if the athlete tilts the body and lowers his head;
- The athlete is considered passive in the case that he flees the mat.

CHAPTER 9 - PROHIBITIONS AND ILLEGAL HOLDS

Article 44 - General Prohibitions

Wrestlers are forbidden to:

- Pull the hair, ears, genitals, pinch the skin, bite, twist fingers or toes, etc. and generally, to perform actions, gestures or holds with the intention of torturing the opponent or making him suffer to force him to withdraw.
- Kick, head-butt, strangle, push, apply holds that may endanger the opponent's life or cause a fracture or dislocation of limbs, tread on the feet of the opponent or touch his face between the eyebrows and the line of the mouth.
- Thrust the elbow or knee into the opponent's abdomen or stomach, carry out any twisting action which is likely to cause suffering.
- Cling to or grasp the mat.



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- To execute throws from knee.
- Execute technical actions after the command “TOKTA”.
- To grab the bottom part of the jacket, shorts or the extremities of the belt.
- To deliberately unsettle the uniform (take the hand out of the sleeve of the jacket; untie the belt without the permission of the Referee, etc.)
- Talk during the bout.
- Agree with the match result between themselves.

If the Refereeing body do not notice that one of the wrestlers carries out a prohibited action, then the other wrestler is allowed to give a signal by voice or gesture. The submission of a false signal is considered and punished as a prohibited action.

Article 45. Caution (ESKERTU)

During the match cautions “ESKERTU” are given to the wrestler by a majority decision of the Refereeing body.

First caution “ESKERTU” - the opponent gets awarded a “BUK”.

Second caution “ESKERTU” - the opponent gets awarded a “ZHAMBAS” and the “BUK” from the first caution is annulled.

Third caution “ESKERTU” - the opponent gets awarded a “ZHARTYLAI” and the “ZHAMBAS” from the second caution is annulled.

Fourth warning “ESKERTU” - the opponent gets awarded the pure victory “TAZA”, and the cautioned wrestler is eliminated from the match.

Article 46 - Negative Wrestling

Fleeing a hold occurs when the defending wrestler openly refuses contact in order to prevent his opponent from executing or initiating a hold. They may occur in the central wrestling area or from the central wrestling area to the orange zone. Fleeing a hold shall be penalized in the same way as fleeing the mat, that is:

- In case a wrestler is fleeing the mat or fleeing the hold, he will be punished by a caution, and the corresponding evaluation will be awarded to his opponent.
- The bout will be resumed at the center of the mat in the standing position.

Article 47 - Consequences affecting the Bout

The illegal hold of the attacked wrestler shall be stopped by the referee without interrupting the hold if possible. If there is no danger, the referee allows the development of the hold and waits for the result. He then stops the match, gives the points and a caution to the wrestler at fault.

If the hold begins properly and then becomes illegal, the hold should be evaluated up until the beginning of the infraction, then the match should be stopped and wrestling should be made to continue with the attacking wrestler receiving an amicable caution. If the wrestler attacks again with an illegal hold, the referee will stop the match, give a caution (0) to the wrestler at fault and one point to his opponent.

In all cases, in the event of any willful butting with the head or any other brutality, the wrestler at fault may be eliminated immediately from the bout by a unanimous decision of the officiating team, or disqualified from the competition and placed last with a comment "eliminated for brutality".



CHAPTER 10 - THE PROTEST

Article 48 - The Protest

No protest may be lodged at the end of a match. Under no circumstances may the result of a match be modified after victory has been declared on the mat.

If the UWW President or the responsible person for refereeing notes that the refereeing body have abused their power to modify a match result, they can examine the video and, with the agreement of the UWW Bureau, sanction those responsible as laid down in the provisions of the Regulations for International Refereeing Body.

CHAPTER 11 - MEDICAL

Article 49 - Medical Service

The organizer of the competition in question is obliged to provide a medical service responsible for conducting medical examinations prior to the weigh-in and give medical control during the bouts. The medical service, which is required to operate throughout the competition, is under the authority of the UWW doctor in charge. The medical requirements are described in ad hoc rules.

Before the competitors weigh in, the doctors shall examine the athletes and evaluate their state of health. If a competitor is considered to be in poor health or in a condition that is dangerous to himself or to his opponent, he shall be excluded from participating in the competition.

Throughout the competitions, and at any time, the medical service must be prepared to intervene in case of an accident and to decide whether a wrestler is fit to continue the contest. Doctors from the participating teams are fully authorized to treat their injured wrestlers, but only the coach or a team officer may be present while treatment is being administered by the doctor. In no case may UWW be held responsible for an injury, disability, or death of a wrestler.

Article 50 - Medical Service Interventions

- a) The UWW doctor in charge has the right and duty to stop a bout at any time through the mat chairman, whenever he considers that either competitor is in danger. At first the injury treatment shall be provided by the UWW doctor only. In case he needs support, he can allow the doctor of the wrestlers' team or the wrestler's coach to come.
- b) He may also stop a bout immediately by declaring one of the wrestlers unfit to continue. The wrestler must never leave the mat, except in the event of a serious injury requiring his immediate removal. In case of a wrestler being injured, the referee must immediately ask the doctor to intervene; in case no injury is reported by the competition doctor, the referee must request a sanction to the judge or the mat chairman.
- c) If a wrestler has a visible injury, the doctor will have the time necessary to treat the injury and will decide if the wrestler can carry on the match or not.
- d) A maximum of four minutes will be allocated for each wrestler for the entire duration of the bout to be treated for a bleeding injury. The consequences of overrunning this allocated time are described under article 27.
- e) In the case of any medical dispute, the doctor for the team of the wrestler in question has the right to intervene in any treatment required, or to give his advice on an intervention or decision made by the medical service. Only the UWW Medical Commission delegate may propose to the officials that the bout be stopped.



- f) In international competitions where the UWW Medical Commission is not represented, the decision to interrupt the bout will be taken by the competition doctor in consultation with the UWW delegate or the UWW nominated referee and the injured wrestler's team doctor.
- g) In all cases, the doctor making the decision to prohibit the wrestler from continuing the bout shall be of a nationality other than that of the wrestler in question or the opponent, and the doctor must not be involved in the weight class concerned. In case this situation occurs, the decision will be delegated to another doctor as designated by the delegate referee.
- h) All the first aid injuries (not requiring hospitalization) occurring in UWW international competitions are at the organizer's costs. The injuries requiring hospitalization are covered by the UWW license, provided the case has been announced to the insurance company (at the number appearing at the back of the card) the same day.

Article 51 - Doping

Pursuant to the provisions of the Constitution, and in order to fight against doping, which is formally prohibited, UWW reserves the right to require that wrestlers undergo examinations or tests in all competitions in the official calendar. This provision must be applied at Continental and World Championships, according to UWW Regulations, and at the Continental Games, according to IOC Rules.

In no case competitors or officers may oppose this verification without incurring sanctions provided in UWW's Anti-doping Rules. The UWW Medical Commission will decide the time, the number or frequency of these examinations, which will be carried out by any means it deems useful. Suitable samples will be taken by a doctor certified by UWW, in the presence of an officer for the wrestler to be tested.

The setting up and financial implications of the anti-doping controls are paid for by the host country and the National Federations.

In case of a positive result, the sanction provided in the UWW Anti-doping Regulations will be applied. The UWW, being subject to the convention fighting drug use signed with the IOC and applied by the World Anti-Doping Agency (WADA), all its Regulations, procedures and sanctions are applicable by the UWW.

The appeal body in the event of a doping sanction made by UWW against a wrestler is the Court of Arbitration for Sport (CAS) in Lausanne (Switzerland) after all appeal provisions provided by UWW's Anti-doping rules have been exhausted if applicable.

CHAPTER 12 - APPLICATION OF THE WRESTLING RULES

These Rules supersede all former editions.

The UWW Executive Bureau is the sole decision-making authority concerning any modifications to the above provisions that are deemed desirable with a view to improving the technical Rules of United World Wrestling Kazakh Kuresi Wrestling Style.

These Rules are the only valid document of their type until the following Congress which will be asked to rule on all the possible modifications or interpretations decided by the Executive Bureau.

In the event of a trial, only the English text is valid. The National Federations must translate this document into their official language.

Every referee at a competition must have copy of these Rules in his language and in one of the UWW's official languages (French or English).



APPENDIX 1

Officials' Gestures of the Refereeing Body

R - Referee, J - Judge, C - Mat Chairman

#	Gesture	Official making a gesture	Description of gestures
1.	Introduction of participants	R	Stands facing the judges' table and symmetrically to the wrestlers. When introducing a participant stretches in his direction the arm with the shirt sleeve of the corresponding color. Then raises his stretched arms up to the shoulder level simultaneously (edges of the palms down), each in the direction of the respective wrestler. Brings the hands together at the shoulder level, directing to the middle of the mat and coming to that place simultaneously with the wrestlers.
2.	Start of the bout	R	.
3.	Flawless victory	R, J, C 	Loudly pronounces «TAZA» and raises up the straight arm with the sleeve of the corresponding color, with the open palm forward.
4.	BUK	R, J, C 	Loudly pronounces «BUK» raises hand with a wristband of the corresponding color, at the level of the chest in front of him, fingers are pressed to each other, palm down and leads to the side.
5.	ZHAMBAS	R, J, C 	Loudly pronounces «ZHAMBAS» raises hand with a wristband of the corresponding color, at the chest level in front of him, the fingers are clenched into a fist and leads to the side.
6.	ZHARTYLAY ZHENYS	R, J, C 	Loudly pronounces «ZHARTYLAY» raises hand with the wristband of the corresponding color, at the level of the chest in front of him, fingers are pressed to each other with the edge of the palm, the little finger facing down and leads to the side.
7.	“Hold is not scored”	R, J	Makes 2-3 movements of the hand (with an open palm down) in the horizontal plane.
8.	“Off mat” position	R	Raises the hand to the shoulder level nearest to the mat edge. After that, he gives the command «TOKTA» and points with his straight hand to the middle of the mat. The match resumes in the center.
9.	Prohibited (illegal) hold	R, J	Raises the arm up to the chest level and grips with one hand the wrist of the other, after that imitates the violation.
10.	Warning	R	Facing the officials' table and standing in the middle of the mat puts the hand with the sleeve of the corresponding color on the shoulder of the wrestler at fault and with the other hand shows the evaluation for the warning.
11.	Stop the time	R	Holding the forearm of one hand at the face level with a horizontal open palm downwards, puts the fingers of the other open palm, located vertically, with the rib forward, to the middle of this palm.
12.	End of the bout	R, C	Puts forearm in a cross. Both palms forward.
13.	Promote activity to the actions	R	Rotates the forearms with the arms bent in the elbows in front of the chest.
14.	Demand attention	J	Lifts up arm bent in the elbow with an open palm forward and makes 2-3 moves with his hand in the vertical plane.
15.	Require warning For passive wrestling	J, C	Bended at the elbows hands at the chest level, the fingers are pressed to make 2-3 consecutive rotational movements with hands. One hand with a matching color sleeve points to the corner of the mat that is fixed to the wrestler who violated the Rules.
16.	Athletes in places	R	Loudly gives the command «TOKTA», then shows it with his hands (open palms down) to the corners of the mat.
17.	Declaring the winner	R	Stands in the middle of the mat facing the officials' table, having taken the wrists of both wrestlers (the color of the referee's sleeve corresponds to the color of wrestlers). When the mat chairman declares the winner, the referee lifts his arm up. Then the referee and the contestants turn around and the referee lifts up the winner's arm. The wrestlers shake hands with two-fold touching the left and right side of the chest and leave the mat.
18.	Declaring elimination of both contestants	R	Starting position is the same. When the mat chairman declares the result of the bout, the referee holds both contestants hands but don't lift them up. The rest is the same as in declaring the winner.
19.	Stop the match	R	Extends his hand towards the wrestlers with a palm forward, loudly pronounces the command «TOKTA»



APPENDIX 2

Electronic Scoreboard

Category	Age Group	Gender	5:00					
+100	Senior	M	BK	ZB	ZZ	TZ	KKB	E
P. SILVA	 POR	0	0	0	0	0	0	
		BK	ZB	ZZ	TZ	KKB	E	
E. MCEVOY	 NZL	0	0	0	0	0	0	



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