



WRESTLING

NORDIC CHAMPIONSHIP 2019

11 MAY | KRISTIANSUND, NORWAY

On behalf of the Norwegian Wrestling Federation we have the pleasure to invite Your country to participate in the 2019 Nordic Championship in male greco-roman and womens wrestling for seniors.

The Championship will take place 10-11 of May in Kristiansund Norway. The competition will take place at Braatthallen (www.braatthallen.no).



Time – schedule

May 10. Friday

Arrivals to Kristiansund N. Good connection from Gardermoen Oslo Airport to Kverneberget Airport Kristiansund. We will arrange transport. You may also fly to Molde Airport Årø, this transport will take around 90 minutes.

12.00-

Check in at the hotel.
Comfort Hotel Fosna Kristiansund (see link below)

16.00 – 1800

Nordic meeting at the hotel.

18.00 - 19.00

Final registration.

18.00 - 20.00

Dinner at the hotel.

19.30 – 20.30

Referees meeting at the hotel.

Link to hotel: www.choicehotels.com/norway/kristiansund/comfort-inn-hotels/no074

May 11. Saturday

Competition in all wrestling styles and weight categories.

08.00 – 09.00

Weight-in, at the hotel.

08.00 – 09.30

Breakfast at the hotel.

10.30

Competition starts, at 3 mats in Braatthallen.
Qualification rounds and bronze medal matches.

12.00 – 13.30

Lunch in Braatthallen (NB! the competition has no break).

15.00

The ceremonial presentation of the championship.

15.30

Gold Finals

May 12. Sunday

Departure for the delegations(except participants of the training camp. See chapter training camp. All nations are invited to the training camp. Breakfast at the hotel, (lunch at the hotel).

Weight classes:

GR Weight categories: 55, 60, 63, 67, 72, 77, 82, 87, 97, 130 (all classes +2kg)

WW Weight categories: 50, 53, 55, 57, 59, 62, 65, 68, 72, 76 (all classes +2kg)

Each nation is allowed to participate with 20 wrestlers in optional weight categories in each category.

Rules and fees

Each country has to be represented by at least two international referees. According to UWW Rules and Statutes for the Nordic Wrestling Association.

Preliminary entries: Should reach the Norwegian Wrestling Federation *Morten.Sandnaes@nif.idrett.no*

Preliminary entry – by 1. of April 2019. Wrestlers, Coaches/leaders, referees, officials, all by how many of each.

Entry by name – by 29. of April 2019. Wrestlers (weight class) Coaches/leaders, referees, officials.

Financial conditions: Participation fee: EUR 70,- per person/day (includes meals, local transportation and accommodation)

The Danish Wrestling Federation will charge each Federation 1/7 of the actual cost of the Championship medals. An invoice will be sent in April and has to be paid in due time, before the Championship.

NWA fee: EUR 200,- per nation (covers the cost of UWW-delegate)

All nations have to fulfill their obligations towards NBF at least one week before the competition starts (Friday the 3. of May 2019). Invoice will be sent shortly after entry by name the 29. of April 2019.

NB! Important, the registration must contain numbers per category (GR and WW).

International training camp

There will be a training camp after the championship, for all the categories.

Hotel Comfort Hotel Fosna (same hotel as under the Nordic Championship). Training arena, Braatthallen (same as under the Nordic Championship).

Dates for training camp: 12. of May to 18. of May 2019.

Accommodation and meals fee EUR 60,- per person. Breakfast every day at the hotel, lunch and dinner in Braatthallen. Entries should reach the Norwegian Wrestling Federation *Morten.Sandnaes@nif.idrett.no*.

Preliminary entry by the 1. of April 2019.

Wrestlers, Coaches/leaders, referees, officials, all by how many of each.

Entry by name – by 29. of April 2019. Wrestlers (weight class) Coaches/leaders, referees, officials. More

information: send an e-mail to: *morten.sandnaes@nif.idrett.no*

