



OLYMPIC SOLIDARITY GUIDE FOR UWW AFFILIATED MEMBERS

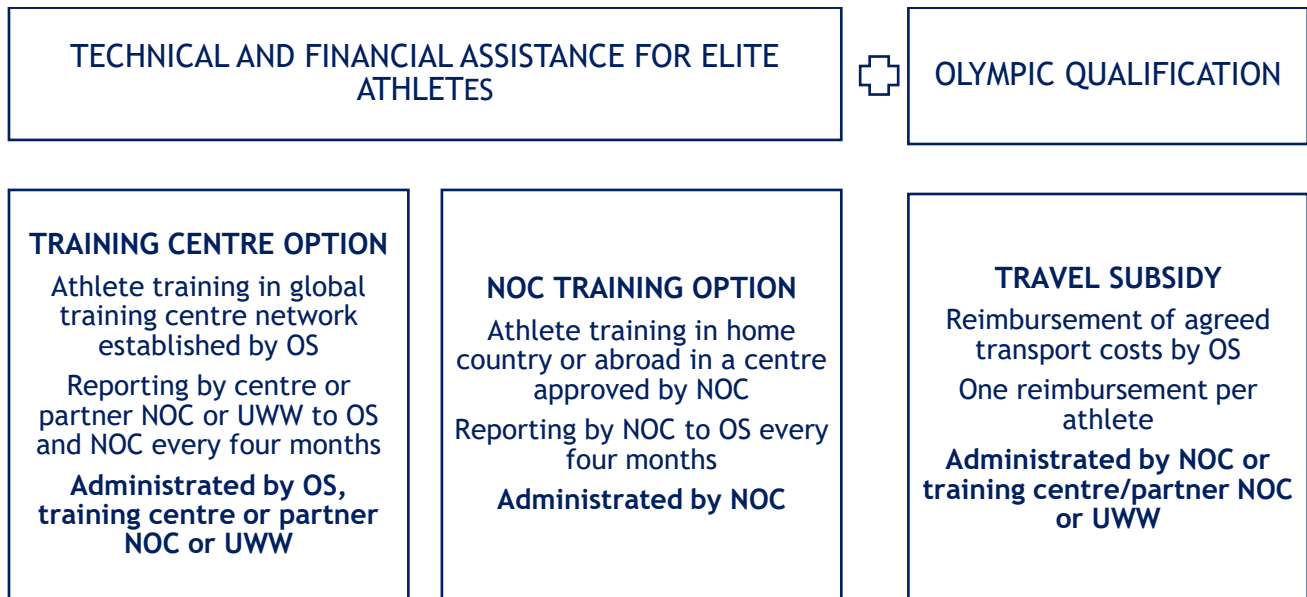
Presenting this guide, we wish to inform you in details about the content of the programmes dedicated to the athletes, coaches and national structure so that you may benefit from these funds through your National Olympic Committee. First, we suggest for all National Federations to be in good standing with your National Olympic Committee and UWW including a structured development plan for the four-year period when you will make the application (s).

In the last four years for the athletes’ development, wrestling has benefited from 112 athletes’ scholarships and 51 of them participated at the Rio 2016 Olympic Games. UWW highly encourages its affiliated members to benefit from these programmes through their respective NOC.

ATHLETES

OLYMPIC SCHOLARSHIPS FOR OLYMPIC GAMES

This program is divided under three options which are provided by your NOC.



What does the scholarship content?

- Access to appropriate training facilities;
- A coach specialized in the relevant sporting discipline;
- Regular medical and scientific assistance and control;
- Accident and illness insurance;
- Board and lodging costs;
- Adequate pocket money;
- A fixed subsidy to offset travel costs to participate in required international Olympic qualification competitions;
- Access to technical information on the Olympic Games.



Profile of the athlete

Minimum technical level: The athlete must have the technical level to be able to qualify for the Olympic Games. Proof of the athlete's technical sports level must be shown through results obtained at continental championships at the last or current year of the application.

Top-level athletes such as Olympic medalists or world champions maybe put forward by their NOC for an Olympic scholarship. However, these candidatures will be specifically reviewed on a case-by-case basis with Olympic Solidarity's technical partners to decide whether these athletes' profiles are compatible with the objectives of the program.

Application procedure: The maximum number of candidatures that a NOC can submit for Olympic Solidarity to choose from is 12. The list should be created in order of priority and according to the balance between male and female candidates.

OLYMPIC SCHOLARSHIP FOR YOUTH OLYMPIC GAMES

After the introduction of the IOC of the Youth Olympic Games, Olympic Solidarity has tailored a programme of technical and financial assistance for the young to prepare for the Youth Olympic Games. This programme helps identify, qualify and prepare young talented athletes for the Youth Olympic Games.

Option 1: Identification

Offer technical and financial assistance to NOCs for the organisation of specific activities related to the identification, training and education of young athletes.

- Create a national talent identification structure;
- Continue to develop existing programmes in collaboration with the UWW and National Federations;
- Collaborate with existing national programmes;
- Organisation of short-term national or international talent identification projects and training camps;
- Train youth athletes with a view to their being selected for YOG qualification events; and
- Implement learn and share initiatives.

Option 2: Qualification

To offer financial assistance to NOCs for the participation of young athletes in qualification competitions for the Youth Olympic Games.

Option 3: Preparation

A maximum of eight individual training grants (balanced number for men and women) for young athletes, confirmed as participating (qualification or UPs) in the Youth Olympic Games, to cover their training and coaching costs.

For NOCs with traditionally large YOG delegations that could provide more than 8 training grants, a general preparation grant will instead be offered.

Application Procedure: For the three options described above, all applications must be submitted to your NOC six months prior to the scheduled activities and a copy of the application should be sent to UWW Development Department.

CONTINENTAL AND REGIONAL GAMES - ATHLETES PREPARATION

This program is to assist the NOC for their athletes' preparation for multisport Games: Continental, Regional, Affinity (Commonwealth, Francophonie.)



Athletes must be recognised on the continental with the potential to qualify for the Olympic Games in the near future in order to benefit of this programme. The NOC provides assistance to athletes who do not benefit already of other Olympic Solidarity programmes.

Based on your NOC decision they may allocate funds to organise national training camps or send the athlete(s) to the UWW recognised training centre to prepare for events such as Francophonie, Commonwealth, etc.

Each National Federation should present to their NOC a strategic programme for the new Olympic period to reach the goals determined to achieve the competition level, identify the athletes and raise the wrestling level nationally.

Application procedure: The NOC should present a quadrennial plan to Olympic Solidarity that lists the continental and regional games in which the NOC intends to participate during relevant period. The quadrennial plan should include a description of projects of the preparation projects for each competition, detailing the activities that will be organised. Therefore, we recommend to the National Federation to facilitate the work of the NOC by submitting your quadrennial program and the competitions which you intend to participate. Subsequently, and following approval of the quadrennial plan, the NOC should submit an annual preparation project on a separate application form to Olympic Solidarity detailing the activities that the NOC has announced in the quadrennial plan which has been approved by Olympic Solidarity.

COACHES

TECHNICAL COURSES FOR COACHES

This program aims to educate and elevate the level of the coaches of a National Federation. It consists in bringing an international expert recommended by UWW to conduct a course nationally between levels I to III. The course should be based on the standards determined by the Coaches Committee of UWW.

Olympic Solidarity provides a significant budget to each National Olympic Committee for this programme. The expenses related to the organisation of the course and the equipment required is included in the budget. The average course duration is 5 to 6 days based on UWW standards. UWW arranges the air ticket and agrees on the dates of the course based on the expert's possibilities. The NOC provides accommodation, local transportation, meals to the expert locally.

In principle, Olympic Solidarity will allocate a maximum of 10 courses per NOC throughout the quadrennial plan, with a maximum of four courses per NOC per year. We recommend for those National Federations in need to educate their coaches to apply for this program.

The application process is the same as for every programme provided by Olympic Solidarity through your NOC.

Once again, we recommend for each National Federation to determine its plans for the quadrennial period in order to reach its objectives. In the last quadrennial 44 national federation benefited of this programme.

OLYMPIC SOLIDARITY COACHES SCHOLARSHIP

The main objective of this program is to offer coaches who are officially recognised as such and active in their respective sport, access a high-level training, experience and knowledge, which they will then use to develop their national sport structure. Please bear in mind that Olympic Solidarity will offer one or two scholarship, per year and per NOC, all sports included.

Candidate profile:

- Belong to a federation of the Olympic Programme;
- Have an official coaching qualification recognised in their country of origin and/or by UWW concerned;



- Be active and be able to show proof of practical experience as a national, regional and/or international level coach;
- Undertake to pass on their knowledge and continue to develop their sport in their country after the training.

Training option

Generally, the coaches attend International Excellence Centre recognised by UWW and in partnership with Olympic Solidarity. The second possibility is for the coach to attend a University of Sports Science in the partners list of Olympic Solidarity. The length of the programme can vary from short to long term and based on the budget.

The Sports Science option Universities are:

1. University of Physical Education - Budapest, Hungary
2. CAR - Barcelona, Spain
3. PAISAC - Montreal, Canada
4. Sports Academy Lausanne - Lausanne, Switzerland
5. ICECP- Delaware (USOC) USA

It is for the NOC to contact the above-mentioned University to receive the information package to complete the application form and needed information.

Then the NOC sends the application to Olympic Solidarity which still needs to approve the application of the candidate.

Once the application has been approved a contract will be signed by all concerned parties which will then be returned to Olympic Solidarity before the candidate starts the course and leaves his country.

Further details for this program please contact your NOC to receive the complete information.

DEVELOPMENT OF THE NATIONAL SPORTS STRUCTURE

This program is adapted for countries that have recently created a National Federation or for countries that lack of structure within their National Federation and require assistance. The objective of this programme is to allow the NOC to develop their national structure by implementing a mid to long-term action plan for a specific sport. Priority will be given to NOC who can demonstrate that the basic sport and coaching structure is weak but has a clear potential for development.

Description

NOC will be offered the opportunity to receive an expert from abroad for a few weeks. The expert will be identified and nominated by UWW, he or she must be recognised by its National Federation. He or she must have international experience and demonstrate the educational qualities to run this type of project. The duration of projects varies according to the type and funds available from the National Olympic Committee.

The action plan should include:

- Provide for the training of local coaches or people capable of continuing the work initiated by the expert once the project has ended.
- Include training for trainers, referees, judges and administrators.
- Improve training programmes for elite sport.
- Initiating projects for Sport for all and/or school sport
- Set up programmes to identify talented young athletes, raise awareness of the fight against, doping and sports betting, etc.



UWW PROGRAMME OF THE DEVELOPMENT OF NATIONAL STRUCTURE

This programme has known a great success, because it allows introducing many persons to wrestle without any dependency from importation.

Application should be submitted 3 months prior to the start of the project to your NOC minimum.

- Description of the current system and detailed analysis of the needs;
- Proposed action plan based on the expected objectives;
- Dates and deadlines of the various phases of the project;
- Curriculum vitae of the expert, if this person is proposed by the NOC;
- Detailed budgetary proposal covering all expenses, including the travel and accommodation costs and fees agreed with the expert.

Olympic Solidarity will analyse the submitted project and will have the final approval. Once approved the expert with the cooperation of the leaders of the National Federation will be requested to submit a mid-term and final report to UWW, Olympic Solidarity and NOC.

Who can you apply for these programs?

All affiliated members of UWW duly recognised by their NOC

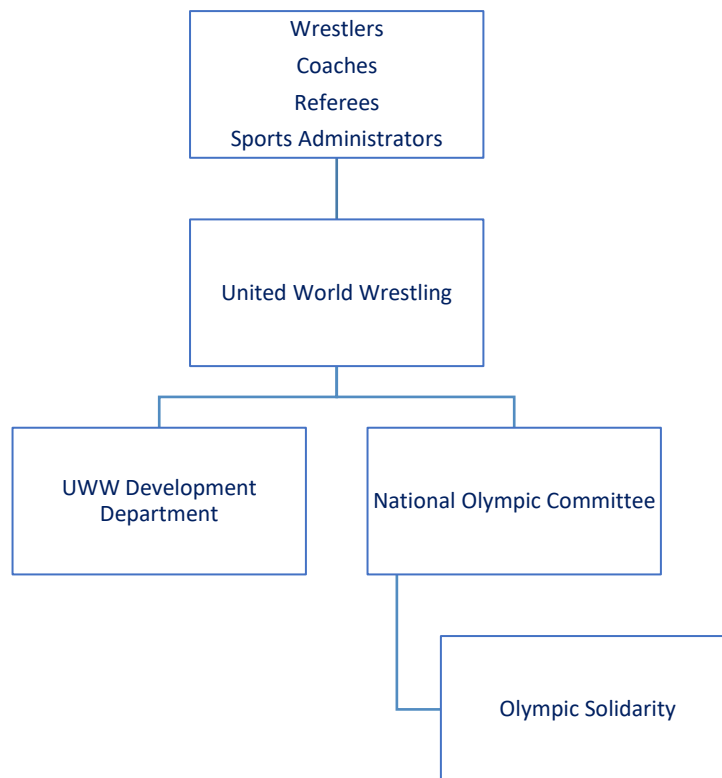
Who approves?

We remind National Federations that only your NOC can submit the applications for approval to Olympic Solidarity and UWW can only provide technical assistance but has no power of decision. We therefore suggest for each National Federation to be in good standing with its NOC.

Important Note: National Wrestling Federations must understand that the NOCs have the right to refuse their requests (as they must satisfy requests from all Olympic sports) and that all applications must be sent by means of the NOC.

Procedure for application for these programs

A UWW affiliated member may submit a request to the National Olympic Committee of its country for the Olympic Solidarity programmes related to athlete, coach and national development. Based on the criteria of the programme and taking into consideration requests received from other sports codes as well as budget availability, the NOC may decide whether it is able to consider the application of the affiliated member. If so, the NOC will send the application to Olympic Solidarity for consideration and final approval. Should the programme be related to wrestling, Olympic Solidarity will seek UWW's technical advice on the proposal made.



Financial arrangements

The NOC submits a budget proposal together with the overall project to Olympic Solidarity for its approval. Upon receiving Olympic Solidarity funding approval, the NOC is responsible for all organisational expenses of the activity (projects, expenses on site, athletes training etc.) At the end of each project the NOC has the responsibility to submit a technical and financial report to Olympic Solidarity.

In the case of coaching courses and the appointment of experts, Olympic Solidarity and UWW are responsible for the UWW instructor's appointment, international travel expenses and daily allowances.

What You Gain

- Funding for your projects;
- Funding for athlete training, inclusion in High Level Training Centres;
- Funding for post-graduate education and training courses for coaches;
- Funding for coach's education;
- Funding for expert consultants to improve the national and local sports structure.

For any further information you may require please contact your National Olympic Committee or/and UWW Development Department, Ms Deqa Niamkey and/or Ms. Lei Liang at development@unitedworldwrestling.org

For further information on Olympic Solidarity programmes please visit: www.olympic.org